

October 3, 2007 – Sport Fair Antigonish a success



From October 3 until October 5th over 2,500 elementary and junior high students from around the Highland Region attended the Milk Energy Sport Fair at the Charles V. Keating Millennium Centre, on St. Francis Xavier University Campus in Antigonish.

31 exhibitors attended including sport organizations and sponsors. There was information given on the various sports as well as interactive demonstrations. It encourages students to try sports that they might not have an opportunity to.

The Nova Scotia Rowing Association was on hand with an ergometer and students were very eager to try the demo. Members of the St. F.X. Rowing Club were on hand to show the students proper techniques of how to row. The Sport Fair was great for awareness for the Antigonish Rowing Club, St. F.X Rowing Club and Rowing in Nova Scotia.

“There was always a line up of students to try the erg. The majority of the comments when the kids were finished their demo was ‘It’s harder then it looks, but can I try again?’ ” said Janessa Green, NSRA’s Administrative Coordinator who was on hand at Sport Fair.

Sport Fair is a bi-annual event, held every 6 months in various regions in Nova Scotia. The next Sport Fair will take place in Yarmouth.

