

EMPLOYMENT OPPORTUNITY FOR WINTER TRAINING COACH, 2007-08 SEASON, HALIFAX ROWING CLUB

Halifax Rowing Club is looking for a part-time Winter Training (WT) Coach for the 2007-08 winter season. The position is being funded by the NSRA Winter Junior Training Initiative, which is supported by the Sport Futures program. The WT Coach will focus on junior rowers but will also be required to provide some coaching to other HRC rowers. The position is expected to start in November and will run for 22 weeks.

The WT Coach will provide three two-hour training sessions a week, for a total of six hours a week, and will be paid at a rate of \$12/hour. HRC is currently negotiating a location for the training program. The schedule is likely to involve two sessions in the late afternoon or evening and one session at the weekend.

Candidates should have completed NCCP Level 1 or higher, have extensive rowing and coaching experience, and have current qualifications in First Aid and CPR. Before starting work, the successful candidate must provide proof that they have successfully completed a Criminal Records check and a Child Abuse Registry check.

The WT Coach will be expected to

- contact potential junior rowers and other interested HRC members and promote the winter training program
- establish a suitable training schedule
- develop and lead a training program, involving erging, cross-training, strength and flexibility (rowers will be asked to carry out some of this training on their own time)
- accompany the junior rowers to the Atlantic Indoor Rowing Championships
- carry out some minor administrative duties related to the program
- report to a person or committee appointed for this purpose by the HRC Board.

The successful applicant will combine organizational and technical coaching skills, with proven abilities in engaging and motivating young rowers.

Information about the club is available at www.halifaxrowingclub.ca. Interested applicants should send a letter of interest, a resume, and the names of two references to Lesley Griffiths, President, Halifax Rowing Club at halifaxrowing@gmail.com by November 6, 2007.