

# ROWING at MICMAC AAC

## Job Posting: Rowing Coaches (2)

### General Overview:

Rowing Coaches are responsible to develop and implement all aspects of the Competitive and Recreational rowing programs at MicMac AAC, including Learn to Row, Juniors, Seniors and Masters. He/She must ensure that athletes adhere to all safety guidelines on and off the water. He/She is responsible to promote Rowing at MicMac AAC, and to recruit members. He/She must adhere to the Coaching Code of Ethics.

### Specific Responsibilities:

- To coordinate and instruct Learn to Row, and Recreational programs;
- To develop, implement and monitor individual & team training programs for competitive rowers, including technical training, mental and physical preparation;
- To coordinate all aspects of MicMac athlete involvement in regattas, including all administration and logistical requirements;
- To collaborate with planning the Around-The-Lake Regatta;
- To participate in crew selections for training sessions;
- To assist in the maintenance of the boathouse and club equipment;
- To provide leadership to volunteers in public awareness activities, including fund-raising

### Qualifications:

- Must be fulltime post-secondary student returning to studies in September
- NCCP Coaching Certificate Level I or II
- Motor Boat Safety Certification
- Current First Aid Course
- Excellent Swimming Ability
- Excellent Interpersonal Skills
- Highly Organized

### Work Schedule:

The Coach may work two sessions per day - one in the morning and one in the evening. As well, there will be sessions during weekends, including regattas. Given the nature of the sport, it is understood that the hours of work will vary between 5:00 am and 9:00 pm. A workweek will be 35 hours.

**Remuneration:**

Salary will be \$11.00 per hour. Mandatory membership to the MicMac AAC will be paid by the club.

Coaches' transportation and accommodation expenses related to out-of-town regattas will be covered by the MicMacAAC athletes attending the regatta.

**Please send complete resume and cover letter before April 3, 2009, to:**

Susan Duann, Director of Rowing at [susanduann@yahoo.com](mailto:susanduann@yahoo.com).

**These positions are contingent on receiving funding for hiring summer students. Applicants must be full time post-secondary students who are returning to studies in September.**